

2021 APF/AAPF Illinois State Raw Championships

March 19-21, 2021

- Meet Director:** Eric Stone - (630) 677-4358 - estone@2xlpowerlifting.com
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Place:** 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
- Lifting Sessions:** *Friday, March 19 @ 6 p.m. - Bench / Deadlift only*
Saturday, March 20 @ 9 a.m. - Male Open/SM/Master Powerlifting
Sunday, March 21 @ 9 a.m.- All Female Full Power, Male Teen/Jr Powerlifting
*****MEET MAY BE SPLIT INTO SESSIONS AFTER THE DEADLINE TO ADHERE TO SOCIAL DISTANCING GUIDELINES*****
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation. Check <http://worldpowerliftingcongress.com/> for official rules.
- Eligibility:** Open to all APF/AAPF Members. Membership will need to be verified at weigh-ins, and can purchased / renewed on the APF/WPC website. **MEMBERSHIP CARDS WILL NOT BE SOLD ON-SITE.**
- Equipment:** Categories included: *Raw--Belt/wrist wraps only (no knee supports) & Classic Raw--Belt, wrist wraps, knee wraps or sleeves*
- Weigh-ins:** *Friday Lifters - Thursday, March 18: 6-7:30 p.m.; Fri, March 19: 9-11 a.m.*
Saturday Lifters - Friday, March 19: 9-11 a.m., 5-6 p.m.
Sunday Lifters - Saturday, March 20: 9-11 a.m., 3-4 p.m.
- Qualifying:** Meet can be used to qualify for APF and/or AAPF Nationals. Illinois Residents can break Illinois State Records, and all lifters can break American Records.
- Entry Fee:** Entry fee is \$95 for Full Powerlifters or Bench + Deadlift lifters, and \$60 for Bench only / Deadlift only. Lifters wanting to enter multiple divisions will need to pay a \$50 crossover fee per additional division, and *may need to lift on multiple days* depending on the divisions entered. **NO REFUNDS.**
- Deadline/Cap:** The meet will be capped at 30 Bench / Deadlift only lifters, and 60 Full Powerlifters each for Saturday and Sunday. Entries must be received by March 1, 2021. No additional lifters will be accepted after the caps are met, *meet may fill up prior to the deadline.*
- Awards:** Custom Medals will be given to the first three places in all categories. Best Lifter Awards will be given in categories based on the content of the entries.

**2021 APF/AAPF Illinois State Raw Entry - Mail this page w/entry fee to:
 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
 Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC**

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF, WPC, 2XL Powerlifting LLC, Eric Stone, Howard Penrose, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2021 APF/AAPF Illinois State Meet. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. *I understand that a minimum of 10% of AAPF lifters will be subject to random drug testing.*

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____ Date: _____

Print Name: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Cell #: (_____) _____

Email: _____ Sex: _____

Date of Birth: _____ Age : _____ Gym/Team: _____

Occupation / Interesting Facts: _____

Circle Event(s):

Powerlifting Bench only Deadlift only

Total Amount Enclosed

Circle Equipment:

Raw Classic Raw

- Raw is belt & wrist wraps ONLY
- Classic Raw is belt, wrist wraps & knee wraps **or** sleeves

Entry Fee:

- \$95 Full Power
- \$60 BP or DL
- \$95 for BP+DL

Circle Weight Class:

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL

Division Crossover: (\$50)

Official Meet T-shirt

Circle Sanction:

APF AAPF (drug tested)

Size: _____

Circle Division(s) Entered:

Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39,

Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Total: _____

For more entry forms, go to APF-Illinois.com