



## **July 30 - Aug 1, 2021 - APF/AAPF Chicago Summer Bash "18"**

- Meet Director:** Eric Stone – (630) 677-4358 or [estone@2xlpowerlifting.com](mailto:estone@2xlpowerlifting.com)
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Place:** 2XL Powerlifting - 1141 S. Main St. Lomard, IL 60148
- Lifting Sessions:** *Rules Meeting (1) hour prior to lifting start time for each session / day*  
Fri 7/30 @ 12 noon - Raw & Classic Teen / Junior Male Powerlifters  
Fri 7/30 @ 6 p.m. - All Bench / Deadlift only Lifters  
Sat 7/31 @ 9 a.m. - All Equipped Powerlifters (Male & Female, All Divisions)  
- Raw / Classic Male Open Powerlifters  
Sun 8/1 @ 9 a.m. - Raw & Classic Male SubM + Master & Female Powerlifters
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation (APF). Check [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com) for information and rulebook.  
*One piece lifting suit required.*
- Weigh-ins:** FRI Noon Lifters - Thurs 7/29: 12-2 p.m., 6-7 p.m., Fri 7/30: 9-11 a.m.  
FRI PM Lifters - Thurs 7/29: 6-7 p.m., Fri 7/30: 9-11 a.m.  
SAT Lifters - Fri 7/30: 9-11 a.m., 5-6 p.m.  
SUN Lifters - Sat 7/31: 9-11 a.m., 3-5 p.m.
- Eligibility:** Open to all APF/AAPF members. **Lifters must present their card or proof via their smart phone at weigh-ins.** New memberships or renewal memberships can be purchased on [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com). **CARDS WILL NOT BE SOLD AT THE MEET SITE.**
- Entry Fee:** The entry fee is \$95 for full power, \$60 for bench or deadlift only, \$95 for both bench + deadlift only, and \$50 for each additional division. **Entry fee MUST accompany entry form when mailed. NO REFUNDS.**
- Deadline:** The entry deadline is **July 1**. Late entries will be charged a **\$20 late fee**, and can be denied—no entries taken at weigh-ins. *Meet may fill up prior to the deadline.*  
--> *Only the first 185 lifters will be accepted--35 teen/juniors, 30 benchers/deadlifters, & 60 full powerlifters each, Saturday and Sunday.*
- Awards:** Awards will be given to the first three places in all Men's and Women's Open weight classes. Age divisions will be scored via coefficient (all weight classes in each division against each other). Best Lifter awards will be given in divisions based on the content of the entries, using only the Glossbrenner coefficient.

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- Weight Classes:** Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL
- Sanctions:** APF & AAPF (drug tested)
- Equipment:** Raw, Classic Raw & Equipped  
*Raw is belt & wrist wraps only, Classic Raw also includes Knee Sleeves or Wraps*
- Divisions:** Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39, Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

### How to Register

- Go to [APF-Illinois.com](http://APF-Illinois.com) and follow the instructions to register online.
- Mail a check or money order to the address below. Make sure to include an email address. After your payment has been received, you will receive an email with an online form to fill out to complete your registration.

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### Summer Bash "18" Registration

**Mail this half-page along with your entry fee to the following address:**

2XL Powerlifting - 1141 S. Main St. - Lombard, IL 60148

*Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC*

Print Name:

\_\_\_\_\_

Total Amount Enclosed

Email Address:

\_\_\_\_\_

Entry Fee:

- \$95 Full Power

- \$60 BP or DL

- \$95 for BP+DL

Phone Number:

\_\_\_\_\_

Division Crossover:

(\$50)

Which day will you be competing?

Official Meet T-shirt

(\$15)

Fri Full Power - Raw/CR Teen / Junior Males

Size: \_\_\_\_\_

Fri Bench / Deadlift only

Late Fee:

Sat Full Power - All EQ, Raw/CR Open Men

*after 7/1*

(\$20)

Sun Full Power - Raw/CR Male SM/Master &

**Total:**

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Females