

# **2022 APF Nationals - June 3-5, 2022**

*Raw, Classic Raw, Single Ply, Multi Ply - Lombard, IL*

- Meet Director:** Eric Stone - (630) 677-4358 - [thestone@chicagopowerlifting.com](mailto:thestone@chicagopowerlifting.com)
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Event Location:** 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
- Official Hotel:** Embassy Suites Lombard - *Call for Special Rate of \$129/night - mention "APF"*  
707 Butterfield Rd. Lombard, IL - (630) 969-7500  
**\*\*\*Transportation available between hotel & 2XL--Must call Hotel to set-up**
- Lifting Sessions:** Lifting Sessions start at 9:00 a.m. each day. Rules Clinic at 8:00 a.m. each day.  
--> *Days may be split into sessions based on entries after the deadline*  
**Friday, June 3 - All Bench only & Deadlift only, Male Full Power Masters (40+)**  
**Saturday, June 4 - Male Full Power Teen / Junior / Open / Submaster**  
**Sunday, June 5 - All Female Full Power**
- Eligibility:** Lifters must qualify at an APF meet in 2021-2022. Open equipped lifters need to hit Qualifying Totals on APF/WPC website. All age groups & raw / classic raw only need a total. All lifters must be current APF members. Membership must be purchased online at APF/WPC website.  
--> **APF MEMBERSHIPS WILL NOT BE SOLD AT WEIGH-INS**
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation. Check <http://worldpowerliftingcongress.com/> for official rules.
- Equipment:** Categories included: *Raw--Belt & wrist wraps only, Classic Raw--Belt & wrist/knee wraps, Equipped Single Ply, and Equipped Multi Ply.*
- Weigh-ins:** **Friday Lifters - Thursday, June 2: 9-11 a.m., 6-7 p.m. @ 2XL Powerlifting**  
**Saturday Lifters - Friday, June 3: 9-11 a.m., 6-7 p.m. @ Embassy Suites**  
**Sunday Lifters - Saturday, June 4: 9-11 a.m., 3-4 p.m. @ Embassy Suites**  
All lifters must weigh-in the day *before* they compete--no morning-of weigh-ins
- Qualifying:** All lifters who place 1st-3rd in their age/weight class will qualify for Team USA at WPC Worlds, November, 2022 in Florida (*no Submaster at Worlds*).
- Entry Fee:** An entry fee of \$100 is required for all lifters. Lifters wanting to enter multiple divisions will need to pay a \$50 crossover fee for each additional division. Entries must be received by May 1, 2022. Late entries *that are accepted* will be subject to a \$20 late fee.
- Awards:** Custom Medals will be given to the first three places in all categories. Best Lifter Awards will be given in categories based on the content of the entries.

**2022 APF Nationals Entry - Mail this page w/entry fee to:**  
2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148  
**Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC**

In consideration of the acceptance of this entry I hereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF, WPC, 2XL Powerlifting LLC, Eric Stone, Howard Penrose, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2022 APF Nationals. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age : \_\_\_\_\_ Gym/Team: \_\_\_\_\_

Occupation / Interesting Facts: \_\_\_\_\_

**Circle Event(s):**

Powerlifting      Bench Press only      Deadlift only

**Circle Equipment:**

Raw      Classic Raw      EQ Single Ply      EQ Multi Ply

*Raw is belt & wrist wrap ONLY      Classic Raw is belt, wrist & knee wraps*

**Circle Weight Class:**

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL

**Circle Division(s) Entered:**

Teen 13-15, 16-17, 18-19, Junior 20-23, Open, *Submaster 33-39,*

Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

\*\*\*NOTE: No Submaster Division at WPC Worlds\*\*\*

**Qualifying Meet:**

Name of Meet: \_\_\_\_\_

Date of Meet: \_\_\_\_\_ Location: \_\_\_\_\_

Total or Lift Posted in Kilos: \_\_\_\_\_ kg

**Total Amount Enclosed**

Entry Fee:

\$100

Division Crossover:

(\$50)

Official Meet T-shirt

(\$20)

Size: \_\_\_\_\_

Late Fee:

*after 5/1* (\$20)

**Total:** \_\_\_\_\_

**For more entry forms, go to APF-Illinois.com**

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