

2022 APF/AAPF Illinois State Equipped Championships

Saturday, April 2, 2022

- Meet Director:** Eric Stone - (630) 677-4358 - estone@2xlpowerlifting.com
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Place:** 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
- Lifting Sessions:** *Saturday, April 2 @ 9:00 a.m., Rules Meeting at 8:00 a.m.*
*****MEET MAY BE SPLIT INTO SESSIONS AFTER THE DEADLINE TO ADHERE TO SOCIAL DISTANCING GUIDELINES*****
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation. Check <http://worldpowerliftingcongress.com/> for official rules.
- Eligibility:** Open to all APF/AAPF Members. Membership will need to be verified at weigh-ins, and can purchased / renewed on the APF/WPC website.
MEMBERSHIP CARDS WILL NOT BE SOLD ON-SITE.
- Categories:** Categories included: *Equipped Multi Ply & Equipped Single Ply*
Check the APF/WPC Rulebook for specific rules on equipment
- Weigh-ins:** Friday, April 1: 9-11 a.m., 5-6 p.m.
All lifters must weigh-in the day before the event, NO MORNING-OF WEIGH-INS
- Equipment:** Meet will have EliteFTS Monolifts and Competition Benches on the platform and in the warm-up area. Bulldog Squat and Bench Bars, and Okie Deadlift Bar will be used on the platform.
- Qualifying:** Meet can be used to qualify for APF and/or AAPF Nationals. Illinois Residents can break Illinois State Records, and all lifters can break American Records.
- Entry Fee:** Entry fee is \$95 for all lifters; lifters wanting to enter multiple divisions / events will need to pay a \$50 crossover fee per additional division / event.
NO REFUNDS.
- Deadline/Cap:** The meet will be capped at 60 lifters total. Entries must be received by March 7, 2022. No additional lifters will be accepted after the cap is met, *meet may fill up prior to the deadline.* Any late entries will subject to a \$20 late fee.
- Awards:** Custom Medals will be given to the first three places in all categories. Best Lifter Awards will be given in categories based on the content of the entries.

**2022 APF/AAPF Illinois State Equipped Entry - Mail this page w/entry fee to:
 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
 Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC**

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF, WPC, 2XL Powerlifting LLC, Eric Stone, Howard Penrose, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2022 APF/AAPF Illinois State Meet. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. *I understand that a minimum of 10% of AAPF lifters will be subject to random drug testing.*

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____ Date: _____

Print Name: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Cell #: (_____) _____

Email: _____ Sex: _____

Date of Birth: _____ Age : _____ Gym/Team: _____

Occupation / Interesting Facts: _____

Circle Event(s):		<u>Total Amount Enclosed</u>
Powerlifting	Bench only	
	Deadlift only	
		Entry Fee: _____
		_____ <u>\$95</u>
Circle Equipment:		
Multi Ply	Single Ply	
		Division Crossover: _____
		_____ <u>(\$50)</u>
Circle Weight Class:		
Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW		Official Meet T-shirt
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL		_____ <u>(\$15)</u>
		Size: _____
Circle Sanction:		
APF	AAPF (drug tested)	
		Late Fee <i>after 3/7</i>
		_____ <u>(\$15)</u>
Circle Division(s) Entered:		
Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39,		Total: _____
Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+		

For more entry forms, go to APF-Illinois.com