



September 17, 2022 - APF/AAPF Joliet Iron Battle: Rise of Iron

Meet Director: Eric Stone – (630) 677-4358 or estone@2xlpowerlifting.com

Venue Contact: Chicago Sports & Fitness Clubs - riley@csfcjoliet.com

Events: Powerlifting (SQ+BP+DL), Bench Press Only, Deadlift Only

Place: Chicago Sports & Fitness Club - 2701 Black Rd. Joliet, IL 60435

Lifting Sessions: 10:00 a.m. Start Time / 9:00 a.m. Rules Clinic

Sanction/Rules: Sanctioned by the American Powerlifting Federation (APF). Check worldpowerliftingcongress.com for information and rulebook. **One piece lifting suit required.**

Weigh-ins: Morning Weigh-in - Friday 9/16: 10:00-11:30 a.m.

Evening Weigh-in - Friday 9/16: 7:00-8:00pm

Eligibility: Open to all APF/AAPF members. **Lifters must present their printed card or proof via their smart phone at weigh-ins.** New memberships or renewal memberships can be purchased on worldpowerliftingcongress.com. **CARDS WILL NOT BE SOLD ON SITE.**

Awards: Awards will be given to the first three places in all Men's and Women's Open weight classes. Age divisions will be scored via coefficient (all weight classes in each division against each other). Best Lifter awards will be given in divisions based on the content of the entries, using only the Glossbrenner coefficient.

Weight Classes: Men - 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women - 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL

Sanctions: APF & AAPF (drug tested) **Equipment:** Raw & Classic Raw

Raw is belt and wrist wraps only, Classic Raw also includes knee sleeves or wraps

Divisions: Teen 13-19, Junior 20-23, Open (all ages), Submaster 33-39, Masters 40+

Registration: The entry fee is \$95 for full power, \$60 for bench or deadlift only, \$95 for both bench + deadlift only. **NO REFUNDS.** Registration deadline is September 3rd. Late entries will be charged a **\$20 late fee**, and can be denied - no entries taken at weigh-ins.

Meet may fill up prior to the deadline. Strict cap of 60 powerlifters.

Online Registration:

<https://www.eventbrite.com/e/joliet-iron-battle-rise-of-iron-tickets-385749245377>