

Saturday, October 29, 2022 RISE OF THE DEADLIFT & BEAST OF THE BENCH PRESS

Meet Directors Eric Stone - (630) 677-4358 or estone@2xlpowerlifting.com

Events: Bench only, Deadlift only

Place: 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148

Lifting Session: Saturday, October 29, 2022 @ 10:00 a.m.

Sanction/Rules: Sanctioned by the APF/AAPF. Check <u>www.worldpowerliftingcongress.com</u> for

information and rulebook. For the Raw division, only a belt and wrist wraps are

allowed. One piece lifting suit required for all lifters on all lifts.

Weigh-ins: Friday, October 28 - 10:00 to 11:30 a.m., 6:00 to 7:00 p.m.

Saturday, October 29 - 7:30 to 8:00 a.m.

--> All weigh-ins will take place at 2XL Powerlifting in Lombard

Eligibility: Open to all APF/AAPF members. Lifters can purchase / renew a membeship

online at www.worldpowerliftingcongress.com. Memberships will not be sold at

the weigh-ins / at the meet site.

Entry Fee: The entry fee is \$75 for bench only OR deadlift only, \$95 for both. \$50 fee for

each additional division. NO REFUNDS.

Meet T-Shirts: Official meet t-shirts are available for pre-order for \$20 - include with entry form

and mark size(s) - only limited numbers of t-shirts will be available at the meet.

Deadline: - The entry deadline is October 10, 2022

- Meet is capped at the first 60 lifters

- Late entries, if any are accepted, will be charged a \$20 late fee.

- No late entries will be accepted at the weigh-ins or the day of the meet.

Awards: Awards will be given to the first three places in all Men's and Women's Open

weight classes. Age divisions will be scored via coefficient (all weight classes in each division against each other). Best Lifter awards will be given in divisions

based on the content of the entries.

October 29, 2022 - RISE OF THE DEADLIFT & BEAST OF THE BENCH PRESS

Weight Classes: Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL

Sanctions: APF & AAPF (drug tested) Equipment: Raw & Equipped

Divisions: Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39, Master 40-44,

45-49, 50-54, 55-59, 60-64, 65-69, 75-79, 80+

How to Register

- 1. Go to APF-Illinois.com and follow the instructions to register online.
- 2. Mail a check or money order to the address below. Make sure to include an email address. After your payment has been recieved, you will recieve an email with an online form to fill out to complete your registration.

Rise of the DL / Beast of the BP Registration

Mail this half-page along with your entry fee to the following address:

2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148

Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC

	Total Amount Enclosed
Print Name:	
	Entry Fee:
	BP <i>or</i> DL <u>\$75</u>
	BP & DL <u>\$95</u>
Email Address:	Crossover Fee:
	\$50 for each
	Official Meet T-shirt
	<u>(\$20)</u>
Phone Number:	Size:
	Late Fee:
	after 10/10 <u>(\$20)</u>

Total: